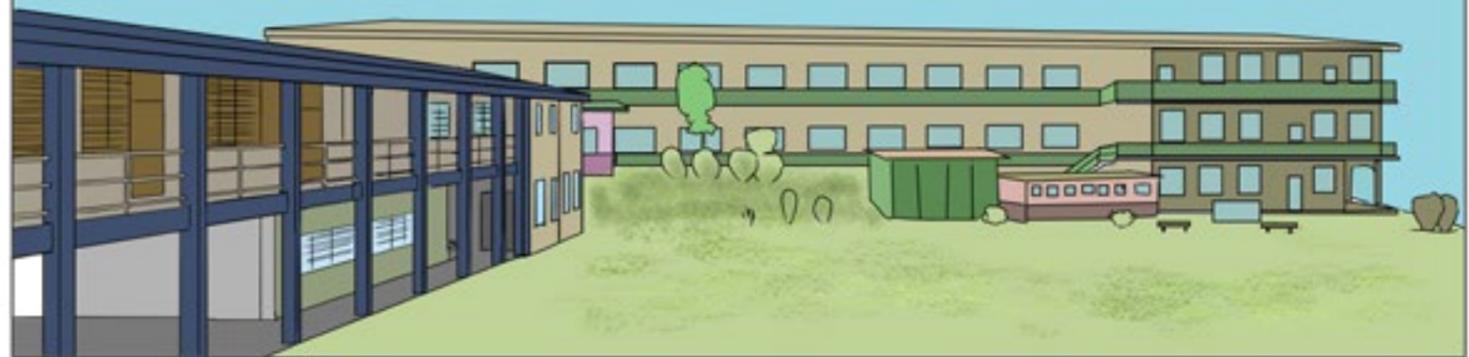


# MENSTRUATION MADE EASY!

THE  
W.A.S.H.  
SCHOOL



A NEW DAY AT VITI HIGH SCHOOL.



MRS. SINGH TAKES THE MORNING ATTENDANCE FOR HER CLASS.



ATUNAIISA?

PRESENT.



VASEMACA?

PRESENT.



MERESEINI?

MERESEINI?

ABSENT.



ALRIGHT CLASS TAKE OUT YOUR ENGLISH TEXTBOOKS AND TURN TO PAGE 45.



LATER THAT DAY AS MRS SINGH GOES HOME.



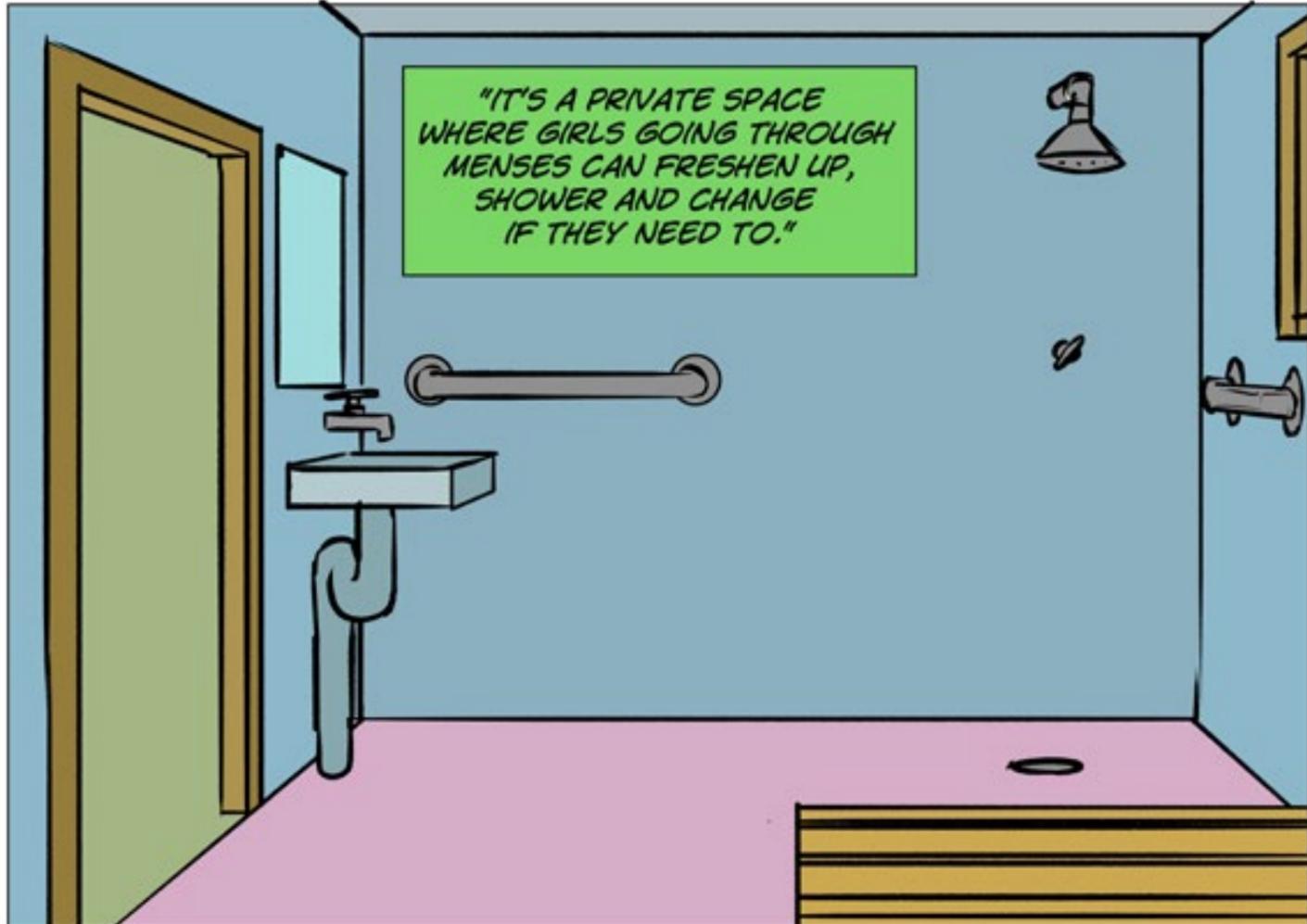
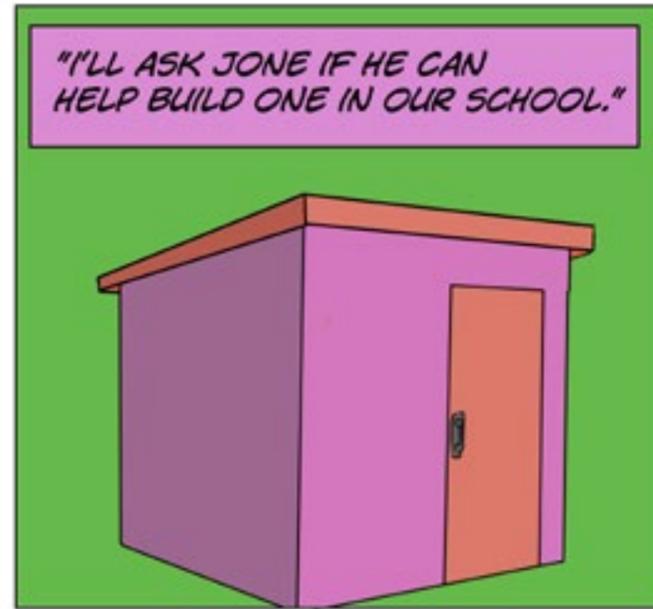
BULA IQBAL.

BULA SUSANA.

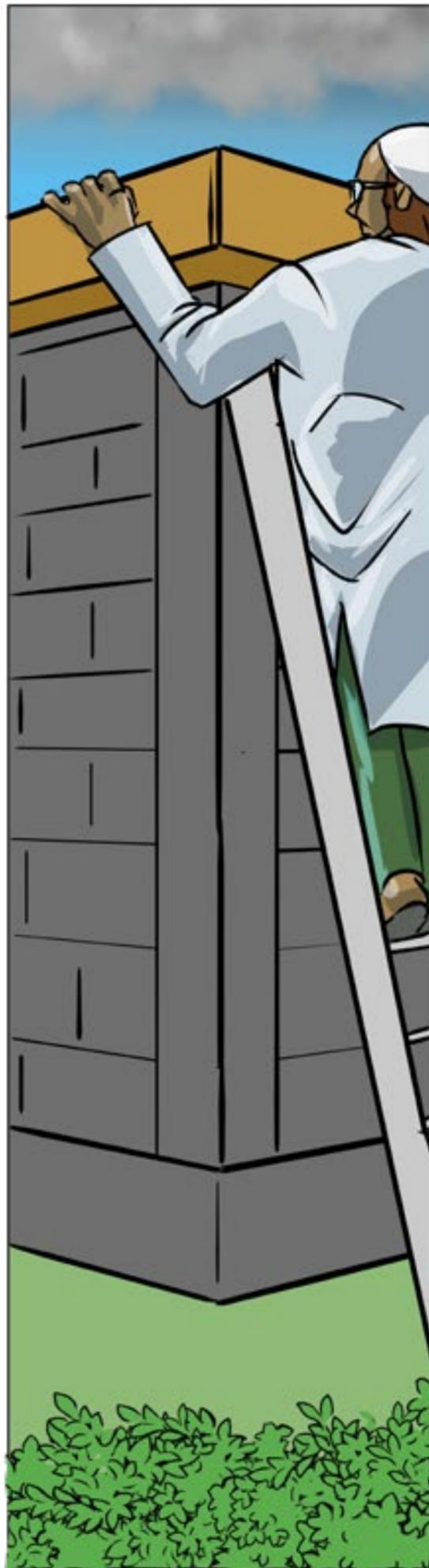


AYE SUSANA, HOW COME MERE NEVER CAME TO SCHOOL TODAY?

SHE'S GOT HER PERIOD, SHE'S UNCOMFORTABLE COMING TO SCHOOL LIKE THAT, NO PROPER PLACE TO CHANGE AND ALL.



AS THE WEEKS GO BY THE BUILDING STARTED TO TAKE SHAPE.



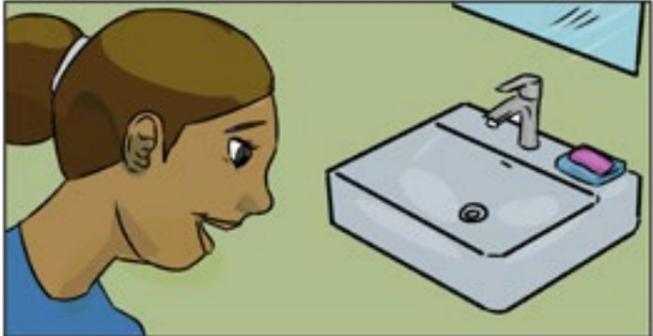
IN JUST OVER THREE WEEKS,  
JONE AND THE COMMUNITY  
HAD COMPLETED  
THE MHM UNIT.



I WOULD LIKE TO  
THANK YOU ALL  
FOR MAKING THIS MHM  
UNIT REALITY.



MERE WAS REALLY EXICITED  
FOR THE NEW FACILITIES.



"BECAUSE OF YOUR EFFORTS, OUR GIRLS WILL  
FEEL MORE COMFORTABLE IN SCHOOL AND  
MORE CONFIDENT IN LIFE."

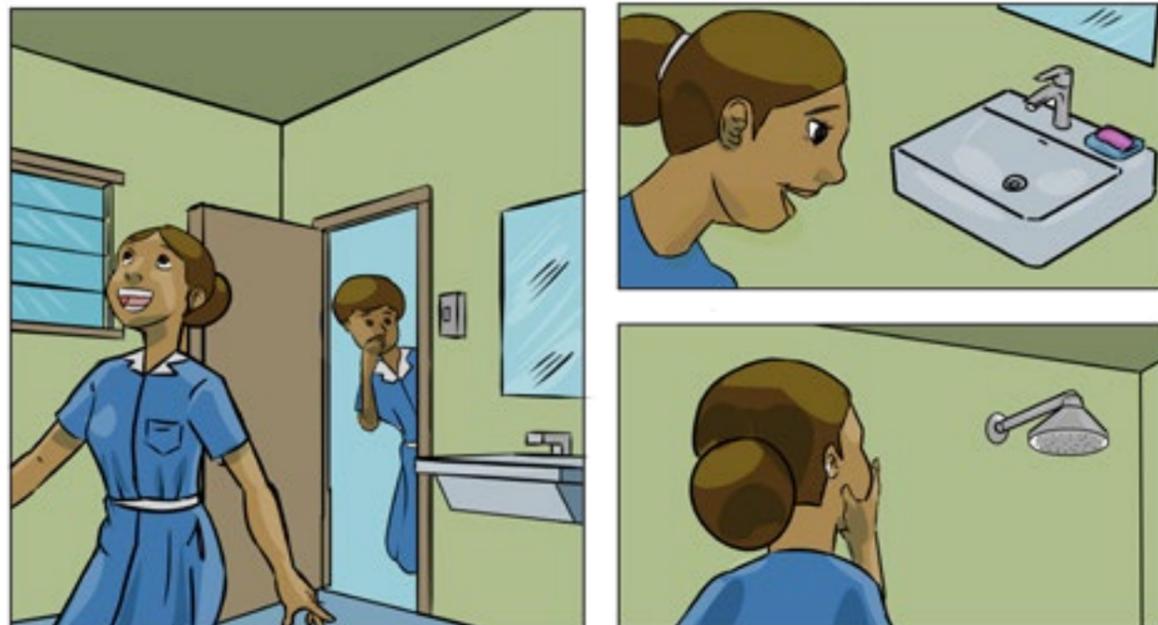


THE END.

# MINIMUM STANDARDS ON WATER, SANITATION AND HYGIENE (WASH) IN SCHOOLS INFRASTRUCTURE

Lack of adequate facilities for menstrual hygiene can contribute to girls missing days at school or dropping out altogether at puberty.

The Ministry of Education has a set of minimum standards all schools in Fiji should meet to ensure a healthy environment for school children this includes a personal menstrual hygiene unit where girls are able to wash during menstruation.



## An accessible MHM unit should include:

- 1.8m width x 2.0m length
- Shower unit inclusive with chrome handrails
- Sink
- In a safe location
- Private
- Disability/wheel-chair friendly
- Sanitary disposal bin
- Cabinet to store/stock sanitary products/towels
- Mirror

Habitat for Humanity Fiji is a non-profit charitable trust founded in 1991. We have been repairing and building homes and upgrading water, sanitation and hygiene infrastructure ever since. Since 2009, we have assisted over 200 families in disaster response. Our disaster recovery programme has grown from strength to strength, providing new homes, repairing damaged homes and community water systems and most recently, emergency repairs to cyclone-damaged homes in informal settlements.

To learn more about the Water for Women project visit our website: [www.habitatfiji.org.fj](http://www.habitatfiji.org.fj)

If you'd like to volunteer or make a donation to support our work in communities, send an email to: [hfhfiji@habitatfiji.org.fj](mailto:hfhfiji@habitatfiji.org.fj)

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In partnership with The Australian Government, Water for Women and Habitat for Humanity



Water For Women



Organised by

